

Indian Institute of Medical Sciences Ayurved College

Permitted by NCISM, New Delhi. Affiliated to MUHS, Nashik, MH. Institution ID-NCISM-AYU0821, MUHS-123131 CET CELL-03138 Email:- iimsnasik@gmail.com Website:- www.iimsmh.com Contact No.:- 0253-2994242

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Notice No.108

Celebration of International Day of Yoga – 21st June 2025

In alignment with the global celebration, Hon'ble Prime Minister Shri Narendra Modi has announced the theme for the International Day of Yoga 2025 as

"Yoga for One Earth, One Health"

The Hon'ble Prime Minister has encouraged everyone to integrate yoga into their daily lives, highlighting its growing popularity and importance for holistic health and well-being.

To mark this important occasion, **IIMS Ayurved College** will be celebrating **International Day of Yoga** on **21st June 2025**. All **Students, Teaching, and Non-Teaching Staff** are informed and encouraged to actively participate in the following scheduled events.

Venue Time Sr. No. Activity Date Seminar Live streaming of Hon'ble 21/06/2025 6:30 a.m. to 1 7:00 a.m. Hall Prime Minister's IDY address Common Yoga Protocol 7:00 a.m. to Reading 21/06/2025 2 7:45 a.m. Room Session

Programme Schedule

Let us unite in the spirit of health, harmony, and wellness through Yoga.

Your participation will contribute to a healthier you and a healthier planet!



19/6/25

Principal Indian Institute of Medical Sciences Ayurved College At.Post Manori, Tal. Dindori, Dist. Nashik