



Indian Institute of Medical Sciences Ayurved College

Permitted by NCISM, New Delhi. Affiliated to MUHS, Nashik, MH

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Outward No: SBSS/IIMS/159/2026

Date: 29/01/2026

NOTICE NO-179

“Participation in “MUHS HEALTH RUN – 2.0”

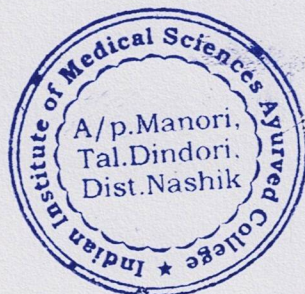
All the students, teaching, and non-teaching staff of the college are hereby informed that **Maharashtra University of Health Sciences (MUHS), Nashik**, under the vision of the Hon'ble Vice-Chancellor, is organizing “**MUHS HEALTH RUN – 2.0**” on **21st February 2026**.

The objective of this event is to **create awareness about the importance of physical exercise and healthy lifestyle** among students, teaching, and non-teaching staff.

Details of the Event:

1. The run will be conducted in **10 km, 5 km, and 3 km** categories. Participants may choose **any one distance**.
2. There are **18 different groups** in the competition, and **cash prizes will be awarded to the first five winners of each group**.
3. **Registration Fees:**
 - Students: **₹300/-**
 - Teaching & Non-Teaching Staff: **₹500/-**
4. Every registered participant will receive:
 - **Event T-shirt**
 - **Participation Certificate**
 - **Medal**
 - **Refreshments** after the valedictory function
5. **Online registration is mandatory** and can be done through the following link:
<https://www.townscript.com/e/muhs-health-run-2026-414211>
6. Details regarding college-level coordination and registration procedures have already been shared with the **college representatives during the reference meeting**.

All students, teaching staff, and non-teaching staff are requested to **participate in large numbers** and make the event a grand success.



29/1/26
Principal
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